#### Steamer Features

Stainless steel construction

ES5 Series Top Loading

Self Contained or Direct Water Supply

Removable Water Pan Tap Water Operation

Pump, Push-button or Timed

ES10 Series Full Sized Food Pan

> Auto Timer or Optional Push-button Direct Connect to **Tap Water** Supply

Ouick Connect

AR Series Front Opening - Self Contained Water

Supply (Distilled Water ONLY)

1/2 or 2/3 Food Pan

### Accessories for Steamers

Increase your efficiency with accessories made just for your steamers.

#### **Steaming Basket Sets and Steaming Racks:**

Take full advantage of your EmberGlo Steamer with specially designed stainless steel Steaming Basket Sets and Steaming Racks. All sets and racks come with an easy to use removable handle. Increase your efficiency by



Half Pan Size Basket - 5608-72 Quarter Pan Size Basket (2 pk) - 5608-73 3 in One Basket Set (1 Half and 2 Quarters) - 5608-70 (Basket Sets come with a Handle)

dual steaming different items in separate baskets. Freshen or heat up tortillas and pita bread in a TorPita Steaming Rack.





Demineralizer Kit 2090400

Demineralizer Kit: Is hard water in your area a problem? Our Demineralizer Kit will soften the water before it is used by your appliance.

Egg Poacher A quick and healthy way to serve poached eggs.

Comes with an easy to use removable handle.



# EmberGlo® Steamers

# - Secrets for Great Tasting Food -

Steam cooking is one of the healthiest and quickest ways to cook vegetables while locking in nutrients and intensifying the flavors. It leaves more of the vegetables' natural taste,



texture and color intact than any other method of

cooking including microwaving; it seals in more vitamins and minerals than if you would have boiled or baked them; and it requires no added fat. Steaming is the ideal solution for crisp, compact vegetables (potatoes, cauliflower, sweet corn

etc.) and some varieties of lean meat and fish. The nutritional benefits you can offer your customers with the advantages of cooking with this ancient technique in the contemporary kitchen are obvious, even to a skeptic.

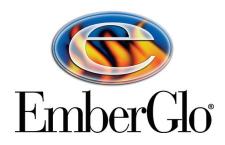
There are a number of EmberGlo models to choose from; top or front loading; push button, manual pumps or timers; tap water, demineralized or self contained steamers. Try steam cooking once and we think you will be convinced. An EmberGlo Steamer is perfect for commercial kitchens, large or small.

#### **☆MADE** in the USA☆



4140 West Victoria Street - Chicago, Illinois 60646 toll: 866 705 0515 - tel: 773,604,8700 - fax: 866,580,8700 FmberGlo web: www.emberglo.com - e-mail: sales@emberglo.com

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# Food Steamer **Cooking Guide**

More than a Bun Warmer...





Quality Designed for Proven Performance

## ... Steamer Cooking Times ...

\* Times will vary based upon load size and preference of finished product

- · · · · · · · · · · · · · · · · · · ·			
Breads	Refridgerated	Frozen	
Bread	1 to 2 shots of steam	n 2 min	
Bagels	1 to 2 min	3 to 4 min	
Croissant	15 seconds		
Muffin	1-2 shots of steam		
Pastries	1 to 2 min	3 to 4 min	
Tamales	5 min	10 min	
Tortillas	1 shot of steam	10 seconds	
Eggs			
Soft Boiled	6 min		
Poached	3 min		
Scrambled (dz)	5 min		

#### Meat

Wicat		
Bratwurst	8 min	16 min
Breakfast sausage	8 min	14 min
Chicken breast (lg)	15 min	25 to 30 min
Chicken breast (precooked)	5 min	15 min
Deli meats	2 to 3 min	
Hamburger (precooked)	4 min	4 min
Hot dogs	4 min	8 min
Italian sausage	4 min	8 min
Ribs (precooked)	10 min	18 min

Try steam cooking vegetables, bakery goods, seafoods, meats, poultry, appetizers or desserts then taste and experience for yourself the big difference an EmberGlo steamer can make.

Noodles and Rice	Refridgerated	Frozen
Macaroni (2 qt. cooked, 1 pt. water, 2 oz. oil)		5 min
Egg Noodles (2 qt. cooked, 1 pt. water, 2 oz. oil)		6 to 7 min
Rice (precooked)	5 min	8 to 10 min
Spaghetti (2 qt. cooked, 1 pt. water)		5 min



# **EmberGlo Steam Cooking Guide**

# More than just a Bun Warmer ....

EmberGlo® steamers are the best way to re-thermalize any of your precooked menu items. They produce great results regardless if the food has been grilled, baked, broiled, boiled, or previously steamed. Many Chefs will precook certain bulk menu items such as pasta,

> potatoes, meat, or vegetables that take too long to finish while their customer waits. This also allows Chefs to be better prepared for rush periods.

An EmberGlo steamer will reheat these precooked menu items from a refrigerated or frozen state and finish them to

perfection within minutes without drying them out.

Steamers are also the best option for melting cheese, heating deli meats, and bringing back freshness to tortillas, bread, and buns.

Grilled foods that have cooled can be quickly reheated with steam heat without removing any of the char broiled flavor and juiciness.

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## ... Steamer Cooking Times ...

\* Times will vary based upon load size and preference of finished product

Vegetables	Refridgerated	Frozen		
Artichokes	25 to 30 min	50 min		
Asparagus	10 min	14 min		
Brussels sprouts	15 min	18 min		
Broccoli	10 min	12 min		
Carrots sliced	4 min	8 min		
Carrots whole baby (2 lb)	15 to 20 min			
Cauliflower	12 min	16 min		
Corn on the cob	3 min	5 min		
Fennel	10 min			
Green beans	4 min	8 min		
Pea pods	6 min	9 min		
Peas	5 min	8 min		
Potatoes 8 whole (3 oz each)	20 min			
Potatoes mashed (2 qt)	8 min			
Squash, Acorn 4 (8 oz each) 12 to 20 min				
Squash, Zucchini -sliced	10 min			

#### Seafood

Large clams	4 min	8 min
King crab	8 min	12 min
Snow crab	6 min	10 min
Fish filets	6 min	8 to10 min
Lobster 8 oz Tails	8 min	14 to16 mir
Scallops	5 min	8 to10 min
Shrimp	4 min	6 min

EmberGlo Steamers cook, warm and re-hydrate most types of food superbly. Food colors brighten, flavors bloom while natural vitamins and nutrients are maintained.



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